

July 3rd Meet Entry Instructions (6/25/09)

Meet entries must be delivered to Jones Valley Pool located at 912 Tannahil Drive.

Blossomwood	11:00	Jones Valley	11:35	Sherwood	12:05
Byrd Springs	11:05	Lily Flagg	11:40	Valley Hill	12:10
Camelot	11:10	Monte Sano	11:45	Whitesburg	12:15
Chapman	11:15	Mt. Springs	11:50	YMCA	12:20
Greenwyche	11:20	Piedmont	11:55	Mt. Carmel	12:25
Hampton Cove	11:25	Sharon Johnston	12:00		

Entries *must* include:

1. Entries and complete team roster – with contact/ mailing information– received by Meet Scoring Manager (Chris Espy).
2. A printed copy of the Meet Entry Fees.
3. A check for the amount calculated on the Entry Fees Report. (Make check payable to RCSL). This also includes your team fee for your tent space.

Please remain until your meet entry has been checked for completeness.

The swimmer's age as of July 11th is the age of competition for City Meet.

INCLUDED IN THIS PACKAGE

1. Sessions and Order of Events for City Meet.
2. Team schedules for block practice
3. Warm-up procedures.
4. City Meet Scoring
5. Scratch/Add Procedures, Non-emergency late entry guidelines and Emergency substitution guidelines
6. Team Manager Entry Instructions for City Meet